Trip

Lucinda, the group's Mission Apprentice, is considering organising an outing if there is enough support. Please can you sign the sheet at the back of church if you would be interested in a mini-bus trip to the seaside or somewhere at some future date.

Focus Group Update

The first Focus Group went well. There is a report on the pinboard at the back of church for anyone not at the meeting, plus some questions to take home for next rime.

Dates for your diary - 23rd July; 27th August; 24th September; 22nd October; 26th November; 28th January.

10.00 a.m. start; 11.15 a.m. finish - come early for Holy Communion at 9.30 a.m.

. Vaughan's Retirement

On Vaughan's last Sunday, 30th July, the service will be at St. John's, Clayton at 10.00 a.m., followed by a barbecue in the grounds or Church rooms, if wet. Please sign the list at the back of church if you can either offer a lift, or need one. For catering purposes, there is also a list to sign if you wish to stay for the barbecue.

Ings Way Lunch Day

The next Lunch Day will be on Wednesday 12th July from 11.30 a.m. Do please come and join us for free food, drinks and probably a quiz.

Holy Communion - offering the common cup

Being able to receive wine from the common cup is a central part of Anglican theology, and we will return to doing it. The guidelines from the Church of England have allowed this for over a year now. We will offer the common cup at Holy Communion, but at the same time we know that some people will not want to receive in this way, so 2 chalices will be used, one for receiving wine as pre-covid, one for intinction (dipping wafer in). There will be some small cards on the front pew. If you prefer the intinction option pick up a card and place it next to you on the altar rail. The priest will then dip a wafer in the second chalice for you.

This is intended to allow space for people to receive in both ways, according to your preference. Please be patient as we start doing this and figure out how to do it smoothly!

Sunday 9th July 2023

Fifth Sunday after Trinity

Service: Holy Communion

Hymns:

321; 231; 125; 26

Welcome to St. Saviour's Church

(www.stsavioursfwg.org.uk)

Interim Priest-in-Charge:

Revd Canon Vaughan Pollard (tel. 01274 883000)

Interim Associate Minister

Revd Philippa Slingsby-Lunn (tel. 07916 715659)

Churchwardens:

Mrs. Grace Studholme

Mr. John Ratnik

Children in Church

Children are most welcome to our services.

Refreshments.

Please join us for refreshments in the hall after the service.

Please take this service sheet home with you

Collect of the Day (5th Sunday after Trinity)

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Romans 7:15-25a

¹⁵I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree that the law is good. ¹⁷ But in fact it is no longer I that do it, but sin that dwells within me. ¹⁸ For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. ¹⁹ For I do not do the good I want, but the evil I do not want is what I do. ²⁰ Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. ²¹ So I find it to be a law that when I want to do what is good, evil lies close at hand. ²² For I delight in the law of God in my inmost self, ²³ but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴ Wretched man that I am! Who will rescue me from this body of death? ²⁵ Thanks be to God through Jesus Christ our Lord!

Matthew 11:16-19, 25-30

At that time Jesus said,

¹⁶ 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, ¹⁷ "We played the flute for you, and you did not dance; we wailed, and you did not mourn."

¹⁸ For John came neither eating nor drinking, and they say, "He has a demon"; ¹⁹ the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!"

Yet wisdom is vindicated by her deeds. ²⁵ I thank you, Father, Lord of heaven and earth, because you have hidden these things from the

wise and the intelligent and have revealed them to infants; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸ Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.

Post-communion

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord.

	Activities for the week	
Today	10.00am	Holy Communion
Tuesday 11th	12 noon	Knit 'n' Natter
	6.00 p.m.	Beaver Scouts
Wednesday 12th	9.30am	Holy Communion
	11.30 a.m.	Ings Way Lunch Day
	3.00 p.m.	Cook and Eat
	6.30 p.m.	Cub Scouts
	7.30 p.m.	Scouts and Explorers
Sunday 16th	10.00 a.m.	Holy Communion

Please continue to pray for all on our prayer list: Vaughan. Wendy and Eric; Simon and Keretha: Paulne, Doreen, Iris, Dennis, Tracy, Rosemary and anyone known to you.

³⁰ For my yoke is easy, and my burden is light.'